



Gluco-Control

Take back control with Gluco-Control, a natural way to support healthy blood sugar, so you don't feel as hungry, have fewer cravings for sweets, and it's easier to manage your weight. Gluco-Control's exclusive plant-based formula helps to target excess glucose from your meals, naturally. Simply take 1-2 capsules before meals to help steady your levels, reduce cravings, and feel fuller for longer. Start feeling the difference today.*

7 Health Benefits of Gluco-Control



1. Supports Healthy Blood Sugar

Our exclusive glucose control complex is a natural way to support healthy blood sugar.



2. Reduced Cravings for Sweets

Steadier glucose levels mean less cravings for sweet foods and reduced snacking.



3. Feel Fuller for Longer

By flattening the glucose curve, you avoid a post-meal crash and aren't as hungry.

4. Supports Natural Energy

Too much glucose too fast causes tiredness. Experience more energy with steadier levels.



5. Supports Healthy Digestion

Plant-based enzymes optimize nutrients from food, supporting digestive health.



6. Good for the Gut Microbiome

Enzymes and probiotics support gut health and nourish the microbiome.



7. Supports Metabolic Health

Healthy blood sugar levels encourage optimal metabolic function in the body.



the good inside



Plant-Based Enzymes

Gluco-Control has an exclusive enzyme blend that targets excess glucose from meals, significantly reducing the amount of glucose released into the body.



Organic Mushrooms

Gluco-Control includes organic chaga mushroom and organic reishi mushroom, which research suggests can help support healthy blood sugar levels.



Probiotics

Gluco-Control has the probiotics *Lactobacillus gasseri*, *Lactobacillus fermentum*, and *Lactobacillus plantarum* to support gut and metabolism health.

Suggested Use: Take 1-2 capsules with a glass of water an hour before a main meal and feel the difference.



touchstone essentials

TheGoodInside.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.